

Dr. Barbara Schwarck

Coach • Speaker • Author

"Barbara's presentation fundamentally shifted the perspective of the executives in the room.

Her simple approach to teaching a complex topic set the stage for a deeper understanding of how often we are held back by our hard wiring. She provided **powerful and effective tools** to help us regain control of our lives. Thank you Barbara!"

- Brian Gates, Chair

Vistage International, San Diego, CA



ICF Professional Coaches



International Executive Coach Dr. Barbara Schwarck has successfully coached hundreds of business leaders, entrepreneurs and professionals around the globe. Using her proprietary **Neuro Emotional Coaching®** technique, a unique combination of neuroscience, leadership and strategic development and kinesiology, Dr. Schwarck helps identify the blind spots and negative beliefs that get people stuck, and gives them the necessary tools to achieve greater results and become truly exceptional.

Barbara's internationally acclaimed presentations will leave your team with:

- Greater **self-awareness** of personal & group strengths and weaknesses
- **Inspiration** to take **personal responsibility** in managing **change effectively**
- Concrete tools to **communicate** with **impact and clarity**
- Effective **management** skills rooted in **neuroscience** and **EQ**

Corporate Presentations & Workshops

Topics include:

- **Empathy at Work: EQ Skills for Exceptional Leadership**
- **Are You Listening? What it Takes to Be a Powerful, Effective Communicator**
- **I Me Mine: Taking Personal Responsibility to Achieve Greater Success**
- **Put Me In Coach: Leadership Skills to Build and Keep Your Team Effective and Happy**
- **Moving On: Navigating The Rough Waters through Today's Challenges**



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